



## PULSE General Information

Cultivating a community of young servant leaders to transform Pittsburgh  
[www.pulsepittsburgh.org](http://www.pulsepittsburgh.org)



### *What is PULSE?*

**PULSE** (Pittsburgh Urban Leadership Service Experience) cultivates a community of young servant leaders to transform Pittsburgh. We mentor a new generation of urban leaders who understand and appreciate the importance of the city for the world's future. PULSE participants (PULSErs) work in a Pittsburgh non-profit, live with other participants in intentional community and participate in ongoing training and development. Through all our activities, we equip and develop young people to be civic and community leaders with a heart for service.

Core Purpose: **PULSE cultivates a community of young servant leaders to transform Pittsburgh**

#### Core Values:

- Engaging in the possibility of the city
- The transformative power of serving
- Celebrating the creative energy of young adults
- Building strong and enduring relationships
- The exploration and development of faith

### *How does the program work?*

We **partner with local, Pittsburgh nonprofits** to develop men and women to be the next generation of servant leaders in our city. Placement nonprofits receive a young, talented, university graduate to build capacity in their organization while participants receive valuable job training and skill development.

We **cultivate community** by having our participants live together. Our participants share meals, household tasks and life together. As a result, they grow and develop as individuals and as a cohort group of young people working to make change in Pittsburgh.

We **train and equip our participants to become servant leaders** in Pittsburgh. We provide regular, ongoing personal and professional development, mentoring relationships and other opportunities to give our participants the support they need to succeed.

### *What can I expect from the PULSE program?*

- A Job Placement in a Participant's area of interest (not guaranteed, but we try hard to find the best fit)
- Personal/Professional Development through Weekly Seminar and Spring/Fall Retreat
- Room and Board
- Basic Health Insurance
- Public Transportation Coverage
- Modest Personal Stipend - \$80/month
- Loan Forbearance
- Americorps Education Award (for qualified work placements, not guaranteed)
- Sense of Community with other PULSE participants

### *Where do PULSErs work?*

Participants work in a variety of different non-profits, ranging from the arts to community development to hunger/homelessness to environmental, etc. We work with accepted participants to identify a good fit for the participant and our partner organizations. Here are a few of the 80+ organizations that have placed PULSE participants:

- Western Pennsylvania Conservancy
- East End Cooperative Ministry
- Union Project
- Nine Mile Run
- Bethlehem Haven
- The Pittsburgh Project
- Andy Warhol Museum
- Pittsburgh Mennonite Church
- East Liberty Development, Inc.
- Serving Leaders
- Heinz History Center
- 10,000 Villages
- Neighborhood Learning Alliance

### *Where do PULSErs live?*

PULSE participants live in one of two houses in the East End of Pittsburgh. The original PULSE house located on the border of the East Liberty and Highland Park neighborhoods. The house is three stories with eight bedrooms, two and a half baths, living room, dining room, family room, and kitchen. The house is fully furnished including the kitchen. Every bedroom has a bed (single or double), a dresser, a closet or wardrobe, a desk, a lamp and an armchair or sofa. There is also storage in the basement if needed. See some pictures on our Flickr site.

We also have another house located in the Garfield neighborhood. This house has three stories with 4 bedrooms, one bath, living room, dining room, and kitchen. The house is fully furnished including the kitchen. Every room will have a bed (single), dresser, a closet or wardrobe, desk, lamp and an armchair or sofa. There is also storage available in the basement of the Garfield house too.

### *What does a typical week look like?*

- PULSErs bike, walk or take public transportation to/from work (participants can bring their vehicle)
- PULSErs typically work 36 hours/week in a Pittsburgh non-profit, Monday-Friday (half day on Wednesday). Times typically vary for art/theatre/environmental placements
- PULSErs attend weekly Seminar on Wednesday afternoon
- PULSErs share cooking responsibility and eat dinner together Monday-Thursday (dependent on Community)
- PULSErs have fun and enjoy Pittsburgh in the evening and weekends (there are a couple mandatory weekends scheduled for house retreat)

### *What do others say?*

- PULSE, in its one year, was as influential as four years of college. I didn't have a clear direction on what I wanted to pursue before PULSE. While in PULSE, I began to see options open out before me.  
-Anne Horst Hanby (01-02)
- PULSE plants seeds and invests in the long-term development of young adults. It models an important alternative way of living, a witness to others.

- Luke Kreider (08-09)

### *How can I apply?*

Visit [www.pulsepittsburgh.org](http://www.pulsepittsburgh.org). Download our application or fill it out online. We view the application process as a discernment process for you and for us. We are excited to journey with you.