



## PULSE General Information

Transforming Pittsburgh into a Place of Hope and Compassion  
[www.pulsepittsburgh.org](http://www.pulsepittsburgh.org)



### General Information

#### *What is PULSE?*

PULSE (Pittsburgh Urban Leadership Service Experience) is an eleven month serving learning/leadership program in Pittsburgh. We mentor a new generation of urban leaders who understand and appreciate the importance of the city for the world's future. PULSErs work in a Pittsburgh non-profit, live with other participants in intentional community and participate in ongoing training and development.

**Mission:** PULSE cultivates a community of young urban citizens, leaders and dreamers in Pittsburgh. We invite talented university graduates to celebrate the city through learning, service and work. A faith-based cooperative living experience, we teach and model the core values of sustainability, justice, stewardship and peacemaking rooted in the Anabaptist/Mennonite tradition.

#### Values:

- Engaging in the possibility of the city
- The transformative power of serving
- Celebrating the creative energy of young adults
- Building strong and enduring relationship
- The exploration and development of faith

#### *What can I expect from the PULSE program?*

- A Job Placement in a Participant's area of interest
- Personal/Professional Development through Weekly Seminar and Spring/Fall Retreat
- Room and Board
- Basic Health Insurance
- Public Transportation Coverage
- Modest Personal Stipend - \$80/month
- Loan Forbearance
- Americorps Education Award (for qualified work placements, not guaranteed)
- Sense of Community with other PULSErs

#### *Where do PULSErs work?*

Participants work in a variety of different non-profits, ranging from the arts to community development to hunger/homelessness to environmental, etc. We work with accepted participants to identify a good fit for the participant and our partner organizations. Here a few of the dozens of organizations that have placed PULSErs:

- Phipps Conservatory and Botanical Gardens
- East End Cooperative Ministry
- Venture Outdoors

- Union Project
- Clean Water Action
- The Mentoring Partnership of SWPA
- Andy Warhol Museum
- Pittsburgh Mennonite Church
- East Liberty Family Health Care Center
- The Pittsburgh Project
- Heinz History Center
- CONTACT Pittsburgh
- Western PA Conservancy

### *Where do PULSErs live?*

In the PULSE house, located on the border of the East Liberty and Highland Park neighborhoods. The house is three stories with eight bedrooms, two and a half baths, living room, dining room, family room, and kitchen. The house is fully furnished including the kitchen. Every bedroom has a bed (single or double), a dresser, a closer or wardrobe, a desk, a lamp and an armchair or sofa. There is also storage in the basement if needed. See some pictures on our Flickr site.

### *What does a typical week look like?*

- PULSErs bike, walk to take public transportation to/from work (participants can bring their vehicle)
- PULSErs typically work 36 hours/week in a Pittsburgh non-profit, Monday-Friday (half day on Wednesday). Times typically vary for art/theatre placements
- PULSErs attend weekly Seminar on Wednesday afternoon
- PULSErs share cooking responsibility and eat dinner together Monday-Thursday (dependent on Community)
- PULSErs have fun and enjoy Pittsburgh in the evening and weekends (there are a couple mandatory weekends scheduled for house retreat)

### *How can I apply?*

Download our application or fill it out online. We view the application process as a discernment process for you and for us. We are excited to journey with you.